



Advancing Medical Excellence Through Philanthropy

Cornerstone

VOL 2, NO. 1 ♦ SPRING 2009



The Mother-Baby Unit renovation—one of the many Hospital areas supported by philanthropy—features a larger nursery, additional Cesarean-section operating rooms, renovated labor and delivery suites, and upgraded private rooms for mother and baby.

Foundation Raises Nearly \$1.5 Million in Its Second Year

2008 marked the Foundation's second year, raising nearly \$1.5 million to fund patient care, new technologies and improvements at Virginia Hospital Center. Despite the challenges of the current economic environment, the number of donors to the Foundation doubled from the previous year. "Our growth in both dollars contributed and the number of people supporting the Hospital reflects the generosity of our community and its commitment to supporting healthcare excellence," said Nora E. Garrote, Chair of the Foundation's Board of Directors. "We will strive to continue to raise the visibility of the Foundation and the vital role of philanthropy in supporting the Hospital's mission."

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VIRGINIA HOSPITAL
CENTER

FOUNDATION

Welcome to Cornerstone

Welcome to Cornerstone, Virginia Hospital Center Foundation's newsletter dedicated to sharing our tradition of philanthropy. This issue focuses on recognizing and thanking our 2008 donors (pages 8-11) for their generous support and dedication and introduces new philanthropy-supported initiatives and programs at the Hospital.

As part of our ongoing community outreach, Virginia Hospital Center Foundation is collaborating with local businesses to raise awareness and support for the Hospital's mission. From local restaurants to retailers, the creativity and generosity of our community is evident. Please join the Foundation for upcoming fundraising events featured in this issue on pages 3, 4 and 5.

Our tradition of philanthropy is growing with innovative and inspiring ways to support the Hospital. Donor support has enabled the Hospital to become the 334-bed, state-of-the-art medical facility it is today and donor support will help to advance medical excellence at Virginia Hospital Center in the future.

In Your Words: Physician Appreciation

This spring, the Foundation launched its first campaign for 2009 National Doctors' Day. This annual celebration honors physicians for their expertise, compassion and dedication in caring for their patients. The Foundation developed a "Thank You to a Special Caregiver" card for patients to recognize their physicians with a written tribute and to make a special gift in their physician's honor. These expressions of gratitude are very much appreciated and the individual cards are shared with the physician.

"In appreciation of his kindness, professionalism, and selfless service to his patients and community"

"For being a great doctor and friend"

"For returning me to health"

"For outstanding care and a highly successful surgery"

"For being an excellent doctor"

"For teaching me how to stay in good condition"

Gifts That Go Far

SPECIAL INITIATIVES OF THE FOUNDATION

The Palliative Care Fund

As the first hospital-based palliative care program in Northern Virginia, the Palliative Care Service at Virginia Hospital Center is devoted to relieving suffering and improving quality of life for patients with severe illnesses. Palliative care supports patients throughout all phases of their treatment and offers expertise in treating distressing symptoms including pain, fatigue, breathing difficulty and anxiety. In tandem with treating physical symptoms, the interdisciplinary team addresses the psychosocial and spiritual needs of patients and their families. "High tech with a soul," said Loren Friedman, MD, Medical Director of the Palliative Care Service. "Our highly experienced team provides compassionate, holistic care to the patient while supporting the complex needs of the family."

Many of the time-intensive services offered by palliative care, including social services and bereavement support, are not covered entirely by insurance. Philanthropy can play an important role in bridging the gap to cover the cost of these services as well as support the expansion of the palliative care program.

To support the Palliative Care Fund, please complete the form on page 11.



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Save the Date Thursday, May 28

4:00 – 9:00 pm / Rock Bottom Brewery
4238 Wilson Boulevard, Arlington, VA

Join Virginia Hospital Center Foundation and Rock Bottom Brewery for a special evening to benefit the Lifeline Scholarship Fund.

A \$10 donation at the door provides food and beverage discounts at Rock Bottom.

Sponsored by:



All proceeds will support the Lifeline Scholarship Fund.

Anne Walker, age 92, wears her Lifeline button on her wrist. "Lifeline is here for me in any type of emergency," said Ms. Walker.



The Lifeline Scholarship Fund

Independence. Security. Lifesaving. These are all apt words to describe Virginia Hospital Center's Lifeline program. Philips Lifeline is a medical alert service, which enables seniors and others with serious medical problems to live at home more safely. With the touch of a Lifeline button worn around the neck or on the wrist, the Lifeline subscriber is quickly connected to a highly trained response associate who has instant access to his/her health history and can facilitate immediate and appropriate assistance.

Virginia Hospital Center's Lifeline program is unique in the Northern Virginia area, with trained Hospital staff installing the system and providing ongoing customer service.

Saving Resources, Ensuring Appropriate Care

In 2008, 800 Virginia Hospital Center subscribers generated 460 Lifeline signals. Nearly 180 Lifeline signals required hospital transportation, and these individuals got the medical attention

that they needed rapidly. The other 280 Lifeline signals did not require hospital transport. For these less critical cases, assistance (such as help getting up) was provided quickly by family members, neighbors or others.

Recognizing the value and need for Lifeline for vulnerable seniors in our service area, Virginia Hospital Center Foundation has established a Lifeline Scholarship Fund. This fund will help pay for the monthly service fee for those in our community who cannot afford it, providing the opportunity for seniors to remain in their homes and have peace of mind with Lifeline.

To support the Lifeline Scholarship Fund, please complete the donation form on page 11.

Partners in Philanthropy

Clarendon Alliance Partnership

This spring, Clarendon area businesses are joining with Virginia Hospital Center Foundation to support healthcare excellence. "Clarendon is a community that is committed to healthy living, so it is a natural fit for the members of our alliance to partner with Virginia Hospital Center," said Susan Anderson, Executive Director of the Clarendon Alliance.

April – June Specials

Phantacee Salon & Spa, 3033 Wilson Boulevard / 703.528.5566

Mention Virginia Hospital Center and 20% of the cost of your service will be donated to the Foundation.

Curves, 3528 Wilson Boulevard / 703.807.5895

Mention Virginia Hospital Center when you purchase a membership and \$20 will be donated to the Foundation.

Phantacee

Salon & Spa of Clarendon

Curves
Amaze yourself.™

LLOST Provides "Treasured Memories"

After the stillbirth of their daughter, Zara, Vicky & Duncan Niblett wanted a way to honor her and help others enduring the heartache of neonatal loss.



Thank you to these Perinatal Bereavement donors: On left: Duncan and Vicky Niblett, Tom and Eileen Reichler, Mary Marshall, Stephanie Redl, James Hilliard. On right: Virginia Hospital Center Labor & Delivery Staff: Jean-Gilles Tchabo, MD, Colette Alvis, MD, Michele Fletcher, RN, Mariame Diabate, RN, Emily Luck, RN, Melissa Sullivan, RN, Sarah Hopkins, RN.

The Loss of Loved Ones from Sudden Tragedy Foundation (LLOST Foundation) selected the Perinatal Bereavement program at Virginia Hospital Center as a recipient of its "Treasured Memories" program. To help grieving families cope with the loss of an infant, LLOST donated materials for creating memory boxes that include photos of the baby, baby clothes and blankets, molds of hand and foot prints and other mementos.

"The loss of an infant is sudden and tragic, and the family leaves the Hospital with empty arms," said Michele Fletcher, RN, Coordinator of Perinatal Bereavement. "A 'Treasured Memories' box provides a tangible memory of the baby."

To support the Perinatal Bereavement program, please complete the form on page 11. A \$50 contribution will fund one "Treasured Memories" box.

Virginia Hospital Center Foundation Restaurant Nights

(20% of restaurant sales will be donated to the Foundation)

Tuesday, April 14 and Tuesday, May 12
Whitlow's on Wilson, 2854 Wilson Boulevard
www.whitlows.com

Tuesday, April 21 and Tuesday, May 19
Mexicali Blues, 2933 Wilson Boulevard
www.mexicali-blues.com

Tuesday, April 28 and Tuesday, May 26
Clarendon Grill, 1101 N. Highland Street
www.cgrill.com

Wednesday, May 3
Restaurant Three
2950 Clarendon Boulevard
www.restaurantthree.com



CLARENDON GRILL



Elevation Burger Grand Opening to Benefit Neonatal Intensive Care Unit

From April 24 – May 1, five percent of sales from the new Elevation Burger in the Lee Harrison Shopping Center will be donated to the Neonatal Intensive Care Unit (NICU) at Virginia Hospital Center. "We want to support the NICU because we are so grateful to them for taking such good care of our daughter, now 11 years old, in the first week of her life," said Elevation Burger franchisees Neeraj and Lisa Vohra.



St. Marks Catholic Church Fills Newborn Closet



Virginia Hospital Center's Newborn Closet received over \$3,000 worth of new baby clothes and blankets from St. Marks Catholic Church parishioners. Geri Bishop, Associate Vice President of Quality Resource Management (QRM), is shown above with the donated items, which will assist over 50 underprivileged families from the Hospital's clinic.

QRM started the Newborn Closet and the Homeless Closet in 2004. New clothing items are donated for infants in need and for homeless adults discharged from the Hospital. To make a donation, please call Sean Eblan, Assistant Case Manager, at 703.558.8660.

Thanks to Saks Fifth Avenue Tysons II Galleria

Women's oncology at Virginia Hospital Center was the beneficiary of Saks Fifth Avenue's 2008 Key to the Cure, raising over \$15,000 to support treatment of ovarian, cervical, breast and uterine cancers.



Remembering and Thanking Through

TRIBUTE GIFTS

Celebrating a special milestone. Expressing gratitude to a caring doctor or nurse. Tribute gifts are a caring means to share your sentiment while supporting the Hospital's mission.

In Honor of
Joseph Aguerrebere
Mr. Joel P. Block

In Honor of
David M. Antonetti
Mr. John J. Mazza

In Honor of
Cardiac Care and Recovery
Ms. Deborah J. Merrill
& Mr. Gregory Raicle

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Roger & Nancy (Cherry)
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In Honor of
William A. Furlong, MD
Mr. & Mrs. Gregory
F. Rones

In Honor of
John R. Garrett, MD and his team and the cardio rehab nurses
Ms. Cathryn Gekas
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Matching Gifts Program

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In Honor of
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Braaten

In Honor of
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Ms. Sandra Kerrest

In Honor of
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Ms. Kim O'Halloran-Cordray

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Antonio R. Parente, MD
Mr. Demetris Kouris

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In Honor of
Jennifer Wagener
Ms. Aleksandris
Peterson

In Honor of
Dr. Robert C. Wagner
Mr. Tod M. Gillard

MEMORIAL GIFTS

Families are often asked where to send memorial contributions in memory of a loved one. Virginia Hospital Center Foundation can be named as the recipient of a memorial gift in an obituary or announcement. At the family's request, these contributions may be directed to support a specific program or area of the Hospital (for example, oncology or cardiology). These expressions of sympathy are acknowledged to the family of the deceased.

Honoring the Caregiver: The Jeanne Maguire Fund



Jeanne Maguire,
RN, MSN

On June 30, 2008, Jeanne Maguire retired from her position as Chief Nursing Officer at Virginia Hospital Center after 34 years of service to the Hospital. To thank Jeanne for all that she has done for Virginia Hospital Center and to honor her commitment to patients, our nurses, and the nursing profession, a special fund has been established in her name. The Jeanne Maguire, RN, MSN Fund for Nursing Excellence will be used to support nursing at Virginia Hospital Center including continuing education, scholarships for aspiring nurses and awards for clinical excellence.

Gifts and pledges of \$29,690 have been made to the Jeanne Maguire Fund with a goal of \$50,000. To support the Jeanne Maguire, RN, MSN Fund for Nursing Excellence please complete the gift form on Page 11.

"Jeanne has practiced and advanced nursing by making a difference at the bedside for both patients and nurses. She has devoted her entire professional life in promoting nursing as the 'finest art'."

—Mary Ellen Gannon / Director of Workforce Enhancement, Virginia Hospital Center

Philanthropy

Please call the Foundation at 703.717.4438
to make a Tribute or Memorial gift.

Galen Society

The Virginia Hospital Center Foundation welcomes and thanks the 2007 and 2008 new members of the Galen Society, with cumulative lifetime giving of \$10,000 or more in support of the Hospital.

The Byrne Family Memorial Nursing Fund

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Tribute & Memorial gifts from 11/1/08 to 2/28/09

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